Disinfection and Sterilization: What New?

William A. Rutala, Ph.D., M.P.H., C.I.C
Director, Statewide Program for Infection Control and Epidemiology
and Professor of Medicine, University of North Carolina at Chapel Hill, NC, USA

Former Director, Hospital Epidemiology, Occupational Health and Safety, UNC Health Care, Chapel Hill, NC (1979-2017)
DISCLOSURES
2018

• Consultations
  - ASP (Advanced Sterilization Products), PDI
• Honoraria
  - PDI, ASP
• Scientific Advisory Board
  - Kinnos
• Grants
  - CDC, CMS
Learning Objective

• Describe two new recommendations/practices/technologies/research associated with HLD, LLD and sterilization (new BIs, perfuse channel endoscopes)
• Identify at least one new change related to reprocessing critical or semicritical items (HPV, duodenoscopy lever)
• Describe at least two technologies/research that will eliminate the environment as a source of pathogens (inactivation of CRE and C. auris, monitoring cleaning)
Disinfection and Sterilization: What’s New Learning Outcomes

- 24m and 30m BI for HP sterilizers
- Shift from HLD to sterilization dependent on technology
- Most infections associated with endoscopes
- Perfuse channeled scopes
- Reprocessing laryngoscopes
- Endocavitary probes

- Uncertain if OPA/glut kill HPV
- Ultrasound probe reprocessing
- Develop a noncritical surface bundle including “no touch”
- Touchable surfaces should be wiped and monitor cleaning
- CRE susceptible to germicides
- *C. auris* susceptible to most disinfectants but not antiseptics
Current Issues and New Technologies

- Sterilization of critical items
  - Biological indicators, clarified Spaulding
- High-level disinfection for semi-critical items
  - Outbreaks with semicritical devices, endoscope reprocessing issues (duodenoscopes-lever position), channeled endoscopes, HPV risks/studies
- Low-level disinfection of non-critical items
  - Noncritical surface disinfection bundle, “wet” time
- Emerging Pathogens
  - Inactivation data- *Candida auris*, CRE-carbapenem-resistant *Enterobacteriaceae*
Disinfection and Sterilization: What’s New
www.disinfectionandsterilization.org

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Sources of Healthcare-Associated Pathogens

• Endogenous flora (SSI, UTI, CLABSI): 40-60%
• Exogenous: 20-40% (e.g., cross-infection via contaminated hands [staff, visitors])
• Other (environment): 20%
  ■ Medical devices
  ■ Contact with environmental surfaces (direct and indirect contact)
EH Spaulding believed that how an object will be disinfected depended on the object’s intended use (developed 1968).

**CRITICAL**-medical/surgical devices which enter normally sterile tissue or the vascular system or through which blood flows should be sterile.

**SEMICRITICAL**-medical devices that touch mucous membranes or skin that is not intact require a disinfection process (**high-level disinfection** [HLD]) that kills all microorganisms but high numbers of bacterial spores.

**NONCRITICAL**-medical devices that touch only intact skin require **low-level disinfection**.
Goal

Prevent All Infectious Disease Transmission Associated with Medical/Surgical Devices in 5 years
• Critical
  • Contact: sterile tissue
  • Transmission: direct contact
  • Control measure: sterilization
• Surgical instruments
  • Enormous margin of safety, rare outbreaks
  • ~85% of surgical instruments <100 microbes
  • Washer/disinfector removes or inactivates 10-100 million
  • Sterilization kills 1 trillion spores
Sterilization of “Critical Objects”

Steam sterilization
Hydrogen peroxide gas plasma
Ethylene oxide
Ozone and hydrogen peroxide
Vaporized hydrogen peroxide
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Biological Indicators

• Select BIs that contain spores of *B. atrophæeus* or *Geobacillus steroothermophilus*

• Rationale: BIs are the only sterilization process monitoring device that provides a direct measure of the lethality of the process
30m or 24m Biological Indicator for HP Sterilizers
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Gastrointestinal Endoscopes
A Need to Shift From Disinfection to Sterilization?

William A. Rutala, PhD, MPH; David J. Weber, MD, MPH

More than 10 million gastrointestinal endoscopic procedures are performed annually in the United States for diagnostic purposes, therapeutic interventions, or both. Because gastrointestinal endoscopes contact mucosal surfaces, use of a contaminated endoscope may lead to patient-to-patient transmission of potential pathogens with a subsequent risk of infection.

In this issue of JAMA, Epstein and colleagues report findings from their investigation of a cluster of New Delhi metallo-β-lactamase (NDM)-producing Escherichia coli associated with gastrointestinal endoscopy that occurred from March 2013 to July 2013 in a single hospital in northeastern Illinois. During the 5-month period, 9 pa-

First, endoscopes are semicritical devices, which contact mucous membranes or nonintact skin, and require at least high-level disinfection. High-level disinfection achieves complete elimination of all microorganisms, except for small numbers of bacterial spores. Because flexible gastrointestinal endoscopic instruments are heat labile, only high-level disinfection with chemical agents or low-temperature sterilization technologies are possible. However, no low-temperature sterilization technology is US Food and Drug Administration (FDA)-cleared for gastrointestinal endoscopes such as duodenoscopes.

Second, more health care-associated outbreaks and clusters of infection have been linked to contaminated endoscopes than to any other medical device. However, until now,
Evidence-Based Recommendation for Sterilization of Endoscopes

(FDA Panel Recommendation for Duodenoscopes, May 2015; more peer-reviewed publications (>150) for the need for shifting from disinfection to sterilization than any other recommendation of AAMI, CDC [HICPAC], SHEA, APIC, SGNA, ASGE)

>130 plus endoscope-related outbreaks
GI endoscope contamination rates of 20-40% after HLD
Scope commonly have disruptive/irregular surfaces
>50,000 patient exposures involving HLD
EH Spaulding believed that how an object will be disinfected depended on the object’s intended use (developed 1968).

**CRITICAL** - objects which enter normally sterile tissue or the vascular system or through which blood flows should be sterile.

**SEMICRITICAL** - objects that touch mucous membranes or skin that is not intact require a disinfection process (high-level disinfection [HLD]) that kills all microorganisms but high numbers of bacterial spores.

**NONCRITICAL** - objects that touch only intact skin require low-level disinfection (or non-germicidal detergent).
EH Spaulding believed that how an object will be disinfected depended on the object’s intended use (proposed clarification).

CRITICAL - objects which directly or indirectly/secondarily (i.e., via a mucous membrane such as duodenoscope, cystoscope, bronchoscope) enter normally sterile tissue or the vascular system or through which blood flows should be sterile.

SEMICRITICAL - objects that touch mucous membranes or skin that is not intact require a disinfection process (high-level disinfection [HLD]) that kills all microorganisms but high numbers of bacterial spores.

NONCRITICAL - objects that touch only intact skin require low-level disinfection (or non-germicidal detergent).
Where are we?
Potential Future Methods to Prevent Endoscope-Related Outbreaks


- Optimize current low temperature sterilization methods or new LTST proving SAL $10^{-6}$ achieved (2 LTS technologies, FDA-cleared)
- Disposable sterile GI endoscopes/bronchoscopes (4 manufacturers)
- Steam sterilization for GI endoscopes (1 bronchoscope manufacturer)
- Use of non-endoscope methods to diagnosis or treat disease (e.g., capsule endoscopy, stool or blood tests to detect GI cancer, stool DNA test)
- Improved GI endoscope design (to reduce or eliminate reprocessing challenges-based on 50y of experience unlikely to resolve problem; closed channel duodenoscopes increased risk)
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Semicritical Medical Devices

Rutala et al. AJIC 2016;44:e47

- Semicritical
  - Transmission: direct contact
  - Control measure: high-level disinfection
  - Endoscopes top ECRI list of 10 technology hazards, >130 outbreaks (GI, bronchoscopes)
    - 0 margin of safety
      - Microbial load, $10^7$-$10^{10}$
      - Complexity
      - Biofilm
  - Other semicritical devices, rare outbreaks
    - ENT scopes, endocavitary probes (prostate, vaginal, TEE), laryngoscopes, cystoscopes
    - Reduced microbial load, less complex
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Infections/Outbreaks Associated with Semicritical Medical Devices
Rutala, Weber, AJIC, In preparation

<table>
<thead>
<tr>
<th>Medical Device</th>
<th>No. Outbreaks/Infections</th>
<th>No. Outbreaks/Infections with Bloodborne Pathogens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaginal Probes</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Ear-Nose-Throat Endoscopes</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Cystoscopes</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Hysteroscopes</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Laryngoscopes</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Ureteroscopes</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Prostate Probes</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>TEE-Transesophageal echocardiogram</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>GI Endoscopes/Bronchoscopes</td>
<td>~130</td>
<td>4 (HBV-1 GI; HCV-3 GI; HIV-0)</td>
</tr>
</tbody>
</table>
Infections/Outbreaks Associated with Semicritical Medical Devices
Rutala, Weber, AJIC, In preparation

- HBV and HCV transmission during endoscopy and use of semicritical medical devices can occur, but it is rare
- Four reports of HCV and HBV transmission related to breaches involved in GI endoscope reprocessing
- No articles related to possible transmission of HIV via medical device
- Greatest evidence of transmission associated with GI endoscopes/bronchoscopes (~130 outbreaks) likely due to microbial load and complexity.
- Other semicritical medical devices are rarely associated with infections related to inadequate reprocessing
## High-Level Disinfection of “Semicritical Objects”

Exposure Time ≥ 8m-45m (US), 20°C

<table>
<thead>
<tr>
<th>Germicide</th>
<th>Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glutaraldehyde</td>
<td>&gt; 2.0%</td>
</tr>
<tr>
<td>Ortho-phthalaldehyde</td>
<td>0.55%</td>
</tr>
<tr>
<td>Hydrogen peroxide*</td>
<td>7.5%</td>
</tr>
<tr>
<td>Hydrogen peroxide and peracetic acid*</td>
<td>1.0%/0.08%</td>
</tr>
<tr>
<td>Hydrogen peroxide and peracetic acid*</td>
<td>7.5%/0.23%</td>
</tr>
<tr>
<td>Hypochlorite (free chlorine)*</td>
<td>650-675 ppm</td>
</tr>
<tr>
<td>Accelerated hydrogen peroxide</td>
<td>2.0%</td>
</tr>
<tr>
<td>Peracetic acid</td>
<td>0.2%</td>
</tr>
<tr>
<td>Glut and isopropanol</td>
<td>3.4%/26%</td>
</tr>
<tr>
<td>Glut and phenol/phenate**</td>
<td>1.21%/1.93%</td>
</tr>
</tbody>
</table>

*May cause cosmetic and functional damage; **efficacy not verified
Microbiological Disinfectant Hierarchy

Rutala WA, Weber DJ, HICPAC. www.cdc.gov

Most Resistant

- Spores (C. difficile)
- Mycobacteria (M. tuberculosis)
- Non-Enveloped Viruses (norovirus, HAV, polio)
- Fungi (Candida, Trichophyton)
- Bacteria (MRSA, VRE, Acinetobacter)

Most Susceptible

- Enveloped Viruses (HIV, HSV, Flu)
Reason for Endoscope-Related Outbreaks

• Margin of safety with endoscope reprocessing minimal or non-existent

• Microbial load
  
  ◆ GI endoscopes contain $10^{7-10}$
  ◆ Cleaning results in 2-6 log$_{10}$ reduction
  ◆ High-level disinfection results in 4-6 log$_{10}$ reduction
  ◆ Results in a total 6-12 log$_{10}$ reduction of microbes
  ◆ Level of contamination after processing: 4log$_{10}$ (maximum contamination, minimal cleaning/HLD)

• Complexity of endoscope and endoscope reprocessing

• Biofilms—could contribute to failure of endoscope reprocessing
# Microbial Surveillance of GI Endoscopes


<table>
<thead>
<tr>
<th>Characteristics of Sample</th>
<th>Action Level (TCU&gt;100/scope) or EIP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gastroscope</td>
<td>26.6%</td>
</tr>
<tr>
<td>Colonoscope</td>
<td>33.7%</td>
</tr>
<tr>
<td>Duodenoscope</td>
<td>34.7%</td>
</tr>
<tr>
<td>Echo-endoscope</td>
<td>31.9%</td>
</tr>
<tr>
<td>AER</td>
<td>27.2%</td>
</tr>
<tr>
<td>Manual</td>
<td>39.3%</td>
</tr>
<tr>
<td>Age of endoscope &lt;2 years</td>
<td>18.9%</td>
</tr>
<tr>
<td>Age of endoscope &gt;2 years</td>
<td>38.8%</td>
</tr>
</tbody>
</table>
Visual Inspection of GI Endoscopes and Bronchoscopes

- All endoscopes (n=20) had visible irregularities (e.g., scratches)
- Researchers observed fluid (95%), discoloration, and debris in channels
- 60% scopes with microbial contamination

Bronchoscopes, Ofstead et al. Chest. 2018
- Visible irregularities were observed in 100% (e.g., retained fluid, scratches, damaged insertion tubes)
- Microbial contamination in 58%
- Reprocessing practices deficient at 2 of 3 sites
Duodenoscope Lever Position
Alfa et al. AJIC 2018;46:73-75

- Bacteria will survive if the elevator lever was improperly positioned (in horizontal position instead of 45°) in AER
- *E. faecalis* (7 log inoculum, 2-6 log recovered) and *E. coli* (0-3 log) survived disinfection of sealed and unsealed elevator wire channel duodenoscopes in 2 different AERs
- Ensure proper lever position when placed in AERs with PA
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Reprocessing Channeled Endoscopes
Cystoscope- “completely immerse” in HLD (J Urology 2008.180:588)
Reprocessing Channeled Endoscopes
Cystoscope-HLD perfused through lumen with syringe (luer locks onto port and syringe filled and emptied until no air exits the scope nor air in barrel of syringe-syringe and lumen filled with HLD)
Reprocessing Channeled Endoscopes

<table>
<thead>
<tr>
<th>Exposure Method</th>
<th>CRE (K. pneumoniae) Inoculum before HLD (glutaraldehyde)</th>
<th>CRE (K. pneumoniae) Contamination after HLD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passive HLD (immersed, not perfused)</td>
<td>3.2x10^8, 1.9x10^9, 4.1x10^8</td>
<td>3.1x10^8, 4.6x10^8, 1.0x10^8</td>
</tr>
<tr>
<td>Active HLD (perfused HLD into channel with syringe)</td>
<td>3.0x10^8, 9.2x10^8, 8.4x10^8</td>
<td>0, 0, 0</td>
</tr>
</tbody>
</table>

- Pathogens must have exposure to HLD for inactivation
- Immerse channeled flexible scope into HLD will not inactivate channel pathogens
- Completely immerse the endoscope in HLD and **ensure all channels (e.g., hysteroscopes, cystoscopes) are perfused**
- Air pressure in channel stronger than fluid pressure at fluid-air interface
For the hysteroscope, a 12-minute soak in OPA eliminated >6 log_{10} CFU of the test organisms from the larger central channel (~3.5mm). A 12-minute or 4-hour soak did not completely eliminate contamination from the 1.5mm channel. Narrow channels limit full exposure to the disinfectant.
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Disposable vs Reusable Laryngoscopes

- Many hospitals transitioning to disposable laryngoscopes
- Saves time
- Virtually eliminates risk of cross contamination
- Reduces likelihood on non-performing equipment
- Possibly cost-effective when considering reprocessing costs
Reprocessing of Rigid Laryngoscopes


- Limited guidelines for reprocessing laryngoscope’s blades and handles
- For years, many hospitals consider blade as semicritical (HLD) and handle as noncritical (LLD)
- Blades linked to HAIs; handles not directly linked to HAIs but contamination with microbes/blood/OPIM suggest its potential and blade and handle function together
- Ideally, clean then HLD/sterilize blades and handles (UNCH-blades and handles sterilized).
Contamination of Laryngoscope Handles

J Hosp Infect 2010;74:123
• 55/64 (86%) of the handles deemed “ready for patient use” positive for HA pathogens (S. aureus, enterococci, Klebsiella, Acinetobacter)

Anesth Analg 2009;109:479
• 30/40 (75%) samples from handles positive (CONS, Bacillus, Streptococcus, S. aureus, Enterococcus) after cleaning

AANA J 1997;65:241
• 26/65 (40%) of the handles and 13/65 (20%) of the blades were positive for occult blood. These blades and handles were identified as ready for patient use.
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Endocavitary Probes

• Probes-Transesophageal echocardiography probes, vaginal/rectal probes used in sonographic scanning
• Probes with contact with mucous membranes are semicritical
• Guideline recommends that a new condom/probe cover should be used to cover the probe for each patient and since covers may fail (1-80%), HLD (semicritical probes) should be performed
Sterile transvaginal probe covers had a very high rate of perforations before use (0%, 25%, 65% perforations from three suppliers).

A very high rate of perforations in used endovaginal probe covers was found after oocyte retrieval use (75% and 81% from two suppliers) but other investigators found a lower rate of perforations after use of condoms (0.9-2.0%).

Condoms superior to probe covers for ultrasound probe (1.7% condom, 8.3% leakage for probe covers).
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Do ultrasound transducers used for placing peripheral or central venous access devices require HLD/sterilization?
“All transducers/probes used for peripheral VAD insertion will undergo, at a minimum, low-level disinfection….” Clean (step 1) the probe prior to disinfection (step 2).

“During assessment, consider using a single-use condom or commercially manufactured transducer sheath (excluded: transparent dressing, gloves) during all use where there is the possibility of contact with blood/body fluids or non-intact skin”

“Perform ALL ultrasound guided vascular access device insertions (PIV, Midline, PICC, CVC, arterial line) with the use of a sterile sheath and single-use sterile gel”.

- After the procedure, the used sheath should be inspected for tears and the transducer inspected for potential compromise
- Once inspected, the probe should be cleaned and then disinfected.
• All clinicians involved in ultrasound guidance should undergo comprehensive training on disinfection of the US transducers

• The AVA recommendations are similar to guidelines from the American Institute for Ultrasound in Medicine (AIUM): that is, internal probes-HLD; “interventional percutaneous procedure probes that are used for percutaneous needle or catheter placement…should be cleaned using LLD and be used in conjunction with a single-use sterile probe cover”, if probe cover compromised HLD the probe.

• Some publications have interpreted CDC and AIUM recommendations differently (AJIC 2018:46:913-920): ultrasound guided CVC insertion (critical-sterilize or HLD with sterile sheath and sterile gel); scan across unhealthy skin (semicritical-HLD and use with clean sheath and clean gel)
Transducer Disinfection for Insertion of Peripheral and Central Catheters

Comments

• Blood contamination of probe is infrequent
• Sheath plus cleaning plus LLD should eliminate HBV, HCV, HIV
• Likelihood of transmission, even if probe still contaminated, very remote – would require contaminating virus gaining entry via contact with the actual injection site
• Transmission of HIV, HBV, HCV via a probe using on external body surface never demonstrated
• Only semicritical medical device to transmit HBV or HCV is GI endoscope (HIV not transmitted)
• If all devices that could contact non-intact skin or be blood contaminated require HLD prior to reuse that would include linen/mattresses (Burn Center), stethoscopes, etc
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Human Papilloma Virus

- Human Papilloma Virus (HPV)
  - HPV is transmitted through sexual and direct/indirect contact
  - Medical devices can become contaminated during use
  - If adequate disinfection of devices (e.g., endocavitary probes) does not occur, the next patient may be at risk for HPV infection
  - Based on two publications from the same researchers, currently FDA-cleared HLDs were not effective against HPV
• Assess presence of HPV on equipment used in GYN practice
• Samples from fomites (glove box, lamp on GYN chair, gel tubes, colposcope, speculum) in 2 hospitals and 4 private practices
• Samples analyzed by real-time PCR
• 32 (18%) HPV-positive samples found
• Higher risk of HPV contamination in GYN private practices
• Colposcope had the highest risk of contamination
• Equipment and surfaces contaminated, need strategies to prevent contamination and transmission
Most common STD

In one study, FDA-cleared HLD (OPA, glut), no effect on HPV

Finding inconsistent with other small, non-enveloped viruses such as polio and parvovirus

Further investigation needed: test methods unclear; glycine; organic matter; comparison virus

Conversation with CDC: validate and use HLD consistent with FDA-cleared instructions (no alterations)
What if HPV is Resistant to Aldehydes?

- If unlike all other non-enveloped viruses that are susceptible to aldehydes
- Upsets the Spaulding classification scheme (HLD kills all viruses)
- If only oxidizing agents kill HPV (transition to PA or HP alone or combination) or HP mist device (for probes)
Efficacy of Hydrogen Peroxide Mist Against HPV

Meyers C et al. SHEA Poster, 2015

- HLD widely used to reprocess semicritical items including endocavitary probes
- Tested OPA, hypochlorite and HP mist
- HP mist and hypochlorite >4 log_{10} reduction, OPA achieved <1 log_{10} reduction
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Our Responsibility to the Future

Institute Practices that Prevent All Infectious Disease Transmission via Environment
Evidence environment contributes

Role-MRSA, VRE, *C. difficile*

Surfaces are contaminated ~25%

EIP survive days, weeks, months

Contact with surfaces results in hand contamination

Disinfection reduces contamination

Disinfection (daily) reduces HAIs

Rooms not adequately cleaned
Admission to Room Previously Occupied by Patient C/I with Epidemiologically Important Pathogen

- Results in the newly admitted patient having an increased risk of acquiring that pathogen by 39-353%
- For example, increased risk for *C. difficile* is 235% (11.0% vs 4.6%)
- Exposure to contaminated rooms confers a 5-6 fold increase in odds of infection, hospitals must adopt proven methods for reducing environmental contamination (Cohen et al. ICHE. 2018;39:541-546)
Noncritical Medical Devices

Rutala et al. AJIC 2016;44:e1; Rutala, Weber. Env Issues NI, Farber 1987

- Noncritical medical devices
- Transmission: secondary transmission by contaminating hands/gloves via contact with the environment and transfer to patient
- Control measures: hand hygiene and low-level disinfection
- Noncritical devices (stethoscopes, blood pressure cuffs, wound vacuum), rare outbreaks
Disinfection of Noncritical Surfaces Bundle

- Develop policies and procedures
- Select cleaning and disinfecting products
- Educate staff—environmental services and nursing
- Monitor compliance (thoroughness of cleaning, product use) and feedback
- Implement “no touch” room decontamination technology and monitor compliance
Disinfection of Noncritical Surfaces Bundle

• Develop policies and procedures
  ■ Standardize C/D patient rooms and pieces of equipment throughout the hospital
  ■ All touchable hand contact surfaces wiped with disinfection daily, when spills occur and when the surfaces are visibly soiled.
  ■ All noncritical medical devices should be disinfected daily and when soiled
  ■ Clean and disinfectant sink and toilet
  ■ Damp mop floor with disinfectant-detergent
  ■ If disinfectant prepared on-site, document correct concentration
  ■ Address treatment time/contact time for wipes and liquid disinfectants (e.g., treatment time for wipes is the kill time and includes a wet time via wiping as well as the undisturbed time).
Effective Surface Decontamination

Product and Practice = Perfection
## LOW-LEVEL DISINFECTION FOR NONCRITICAL EQUIPMENT AND SURFACES


Exposure time > 1 min

<table>
<thead>
<tr>
<th>Germicide</th>
<th>Use Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethyl or isopropyl alcohol</td>
<td>70-90%</td>
</tr>
<tr>
<td>Chlorine</td>
<td>100ppm (1:500 dilution)</td>
</tr>
<tr>
<td>Phenolic</td>
<td>UD</td>
</tr>
<tr>
<td>Iodophor</td>
<td>UD</td>
</tr>
<tr>
<td>Quaternary ammonium (QUAT)</td>
<td>UD</td>
</tr>
<tr>
<td>QUAT with alcohol</td>
<td>RTU</td>
</tr>
<tr>
<td>Improved hydrogen peroxide (HP)</td>
<td>0.5%, 1.4%</td>
</tr>
<tr>
<td>Peracetic acid with HP (C. difficile)</td>
<td>UD</td>
</tr>
</tbody>
</table>

UD=Manufacturer's recommended use dilution; others in development/testing-electrolyzed water; polymeric guanidine; cold-air atmospheric pressure plasma (Boyce Antimicrob Res IC 2016. 5:10)
Microbiological Disinfectant Hierarchy
Rutala WA, Weber DJ, HICPAC. www.cdc.gov

Most Resistant

Spores (C. difficile)
Mycobacteria (M. tuberculosis)
Non-Enveloped Viruses (norovirus, HAV, polio)
Fungi (Candida, Trichophyton)
Bacteria (MRSA, VRE, Acinetobacter)

Most Susceptible

Enveloped Viruses (HIV, HSV, Flu)

LLD
**TABLE 2**

**DISINFECTANT ACTIVITY AGAINST ANTIBIOTIC-SUSCEPTIBLE AND ANTIBIOTIC-RESISTANT BACTERIA**

<table>
<thead>
<tr>
<th>Product</th>
<th>VSE 0.5 min</th>
<th>VSE 5 min</th>
<th>VRE 0.5 min</th>
<th>VRE 5 min</th>
<th>MSSA 0.5 min</th>
<th>MSSA 5 min</th>
<th>MRSA 0.5 min</th>
<th>MRSA 5 min</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vesphene Ilse</td>
<td>&gt;4.3</td>
<td>&gt;4.3</td>
<td>&gt;4.8</td>
<td>&gt;4.8</td>
<td>&gt;5.1</td>
<td>&gt;5.1</td>
<td>&gt;4.6</td>
<td>&gt;4.6</td>
</tr>
<tr>
<td>Clorox</td>
<td>&gt;5.4</td>
<td>&gt;5.4</td>
<td>&gt;4.9</td>
<td>&gt;4.9</td>
<td>&gt;5.0</td>
<td>&gt;5.0</td>
<td>&gt;4.6</td>
<td>&gt;4.6</td>
</tr>
<tr>
<td>Lysol Disinfectant</td>
<td>&gt;4.3</td>
<td>&gt;4.3</td>
<td>&gt;4.8</td>
<td>&gt;4.8</td>
<td>&gt;5.1</td>
<td>&gt;5.1</td>
<td>&gt;4.6</td>
<td>&gt;4.6</td>
</tr>
<tr>
<td>Lysol Antibacterial</td>
<td>&gt;5.5</td>
<td>&gt;5.5</td>
<td>&gt;5.5</td>
<td>&gt;5.5</td>
<td>&gt;5.1</td>
<td>&gt;5.1</td>
<td>&gt;4.6</td>
<td>&gt;4.6</td>
</tr>
<tr>
<td>Vinegar</td>
<td>0.1</td>
<td>5.3</td>
<td>1.0</td>
<td>3.7</td>
<td>+1.1</td>
<td>+0.9</td>
<td>+0.6</td>
<td>2.3</td>
</tr>
</tbody>
</table>

Log$_{10}$ Reductions

Abbreviations: MRSA, methicillin-resistant Staphylococcus aureus; MSSA, methicillin-susceptible S. aureus; VRE, vancomycin-resistant Enterococcus; VSE, vancomycin-susceptible Enterococcus.

Data represent mean of two trials (n=2). Values preceded by “>” represent the limit of detection of the assay. Assays were conducted at a temperature of 20°C and a relative humidity of 45%. Results were calculated as the log of Nd/No, where Nd is the titer of bacteria surviving after exposure and No is the titer of the control.
The term “wetness” is controversial. Based on EPA test for wipes/sprays, treatment time is the kill time and includes a wet time via wiping as well as the undisturbed time. Duration of wet time is not relevant.
### Risk Assessment Worksheet

**Issue:** Off-label use for undisturbed time after environmental disinfection

**Assessment Date:** March 5, 2018

**Scoring:**
- Low = 1
- Moderate = 3
- High = 5

**Team Members:**

**Meeting Actions:** Team members evaluated the evidence and determined that off-label use of undisturbed time was sufficient to disinfect noncritical environmental surfaces and noncritical patient care equipment in a healthcare environment.

<table>
<thead>
<tr>
<th>Suggested Questions</th>
<th>Benefit</th>
<th>Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>What is the truth about disinfectant contact time?</td>
<td>Most manufacturers suggest the user maintain wetness for the duration of the contact time. The method used to assess efficacy of disinfectant wipes by the EPA is the Disinfectant Towelette Test. The procedure involves using one towelette to wipe ten carriers/slides. The area of the towelette used for wiping is folded and rotated so as to expose a new surface of the towelette for each carrier. To generate test cultures, carriers are inoculated using pathogens <em>Staphylococcus aureus</em>, <em>Pseudomonas aeruginosa</em>, and <em>Salmonella enteritica</em>. The test procedure involves wiping the slide back and forth for a total of six passes across the inocula for 15 seconds of</td>
<td>There is no risk to utilizing a treatment time instead of a wet time for the given contact time of a disinfectant. Score = 1</td>
</tr>
</tbody>
</table>
These interventions (effective surface disinfection, thoroughness indicators) not enough to achieve consistent and high rates of cleaning/disinfection

No Touch

(supplements but do not replace surface cleaning/disinfection)
• Develop policies and procedures
• Select cleaning and disinfecting products
• Educate staff to environmental services and nursing
• Monitor compliance (thoroughness of cleaning, product use) and feedback
• Implement “no touch” room decontamination technology and monitor compliance
“NO TOUCH” APPROACHES TO ROOM DECONTAMINATION

(UV/VHP~20 microbicidal studies, 12 HAI reduction studies; will not discuss technology with limited data)

EFFICACY OF UVC AT TERMINAL DISINFECTION TO REDUCE HAIs
(A = C. difficile, B = VRE; UV effective in preventing VRE and C. difficile)
Marra AR, et al. ICHE 2018;39:20-31
Enhanced Disinfection Leading to Reduction of Microbial Contamination and a Decrease in Patient Col/Infection


<table>
<thead>
<tr>
<th></th>
<th>Standard Method</th>
<th>Enhanced Method</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Quat</td>
<td>Quat/UV</td>
</tr>
<tr>
<td>EIP (mean CFU per room)²</td>
<td>60.8</td>
<td>3.4</td>
</tr>
<tr>
<td>Reduction (%)</td>
<td>94</td>
<td>81</td>
</tr>
<tr>
<td>Colonization/Infection (rate)²</td>
<td>2.3</td>
<td>1.5</td>
</tr>
<tr>
<td>Reduction (%)</td>
<td>35</td>
<td>17</td>
</tr>
</tbody>
</table>

All enhanced disinfection technologies were significantly superior to Quat alone in reducing EIPs. Comparing the best strategy with the worst strategy (i.e., Quat vs Quat/UV) revealed that a reduction of 94% in EIP (60.8 vs 3.4) led to a 35% decrease in colonization/infection (2.3% vs 1.5%). Our data demonstrated that a decrease in room contamination was associated with a decrease in patient colonization/infection. First study which quantitatively described the entire pathway whereby improved disinfection decreases microbial contamination which in-turn reduced patient colonization/infection.
This technology ("no touch"—e.g., UV/HP) should be used (capital equipment budget) for terminal room disinfection (e.g., after discharge of patients on Contact Precautions).
Selection of a UV or HP Device

• Since different UV and hydrogen peroxide systems vary substantially, infection preventionists should review the peer-reviewed literature and choose only devices with demonstrated bactericidal capability as assessed by carrier tests and/or the ability to disinfect actual patient rooms

• Ideally, one would select a device that has demonstrated bactericidal capability and the ability to reduce HAIs
ALL “TOUCHABLE” (HAND CONTACT) SURFACES SHOULD BE WIPED WITH DISINFECTANT

“High touch” objects only recently defined (no significant differences in microbial contamination of different surfaces) and “high risk” objects not epidemiologically defined.
EVIDENCE THAT ALL TOUCHABLE ROOM SURFACES ARE EQUALLY CONTAMINATED

Huslage K, Rutala W, Gergen M, Sickbert-Bennett S, Weber D
ICHE 2013;34:211-2

JHI 2018;98:90-95
Disinfection and Sterilization: What’s New Learning Outcomes

- 24m and 30m BI for HP sterilizers
- Shift from HLD to sterilization dependent on technology
- Most infections associated with endoscopes
- Perfuse channeled scopes
- Reprocessing laryngoscopes
- Endocavitary probes
- Ultrasound probe reprocessing
- Uncertain if OPA/glut kill HPV
- Develop a noncritical surface bundle including “no touch”
- Touchable surfaces should be wiped and monitor cleaning
- CRE susceptible to germicides
- C. auris susceptible to most disinfectants but not antiseptics
Effective Surface Decontamination

Product and Practice = Perfection
Thoroughness of Environmental Cleaning
Carling et al. ECCMID, Milan, Italy, May 2011

Mean = 32%

DAILY CLEANING
TERMINAL CLEANING

>110,000 Objects

Objects

HEHSG HOSP
IOWA HOSP
OTHER HOSP
OPERATING ROOMS
NICU
EMS VEHICLES
ICU DAILY
AMB CHEMO
MD CLINIC
LONG TERM
DIALYSIS

Cleaned

Mean = 32%

95% CI

% Cleaned

0 20 40 60 80 100

0

14 Sites
16 Sites
7 Sites
7 Sites
7 Sites
4 Sites
4 Sites
9 Sites
4 Sites

DAILY CLEANING
TERMINAL CLEANING
MONITORING THE EFFECTIVENESS OF CLEANING
Cooper et al. AJIC 2007;35:338

• Visual assessment-not a reliable indicator of surface cleanliness
• ATP bioluminescence-measures organic debris (each unit has own reading scale, <250-500 RLU)
• Microbiological methods-<2.5CFUs/cm²-pass; can be costly and pathogen specific
• Fluorescent marker-transparent, easily cleaned, environmentally stable marking solution that fluoresces when exposed to an ultraviolet light (applied by IP unbeknown to EVS, after EVS cleaning, markings are reassessed)
Hospitals can improve their thoroughness of terminal room disinfection through fluorescent monitoring.
Fluorescent marker is a useful tool in determining how thoroughly a surface is wiped and mimics the microbiological data better than ATP.
There was no statistical correlation between ATP levels and standard aerobic plate counts.
Future May Have Methods to Ensure Thoroughness Such as Colorized Disinfectant

Colorized disinfection – contact time compliance

- Color-fading time matched to disinfectant contact time --> enforces compliance
- Provides real-time feedback when disinfection is complete
- Trains staff on importance of contact time as they use the product
Disinfection and Sterilization: What’s New
www.disinfectionandsterilization.org

• Current Issues and New Technologies
  ■ Sterilization of critical items
    ◆ Biological indicators, clarified Spaulding
  ■ High-level disinfection for semi-critical items
    ◆ Outbreaks with semicritical devices, endoscope reprocessing issues (duodenoscopes-lever position), channeled endoscopes, HPV risks/studies
  ■ Low-level disinfection of non-critical items
    ◆ Noncritical surface disinfection bundle, “wet” time
  ■ Emerging Pathogens
    ◆ Inactivation data- Candida auris, CRE-carbapenem-resistant Enterobacteriaceae
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Efficacy of Disinfectants and Antiseptics against Carbapenem-Resistant Enterobacteriaceae


- $\geq 3 \log_{10}$ reduction (CRE, 1m, 5% FCS, QCT)
  - 0.20% peracetic acid
  - 2.4% glutaraldehyde
  - 0.5% Quat, 55% isopropyl alcohol
  - 58% ethanol, 0.1% QUAT
  - 28.7% isopropyl alcohol, 27.3% ethyl alcohol, 0.61% QAC
  - 0.07% o-phenylphenol, 0.06% p-tertiary amylphenol
  - ~5,250 ppm chlorine
  - 70% isopropyl alcohol
  - Ethanol hand rub (70% ethanol)
  - 0.65% hydrogen peroxide, 0.15% peroxyacetic acid
  - Accelerated hydrogen peroxide, 1.4% and 2.0%
  - Quat, (0.085% QACs; not K. pneumoniae)
Disinfection and Sterilization: What’s New Learning Outcomes

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Deadly, drug-resistant Candida yeast infection spreads in the US

Candida auris causes multidrug-resistant infections that can result in organ failure
Kateryna Kon/Science Photo Library
**Candida auris**
Cadnum et al. ICHE 2017;38:1240-1243

- *Candida auris* is a globally emerging pathogen that is often resistant to multiple antifungal agents.
- In several reports, *C. auris* has been recovered from the hospital environment.
- CDC has recommended daily and post-discharge disinfection of surfaces in rooms of patients with *C. auris* infection.
- No hospital disinfectants are registered for use specifically against *C. auris*, and its susceptibility to germicides in not known.
Efficacy of Disinfectants and Antiseptics against *Candida auris*

Rutala, Kanamori, Gergen, Sickbert-Bennett, Weber, 2017 ID Week Poster

- $\geq 3 \log_{10}$ reduction (*C. auris*, 1m, 5% FCS, QCT)
  - 0.20% peracetic acid
  - 2.4% glutaraldehyde
  - 0.65% hydrogen peroxide, 0.14% peroxyacetic acid
  - 0.5% Quat, 55% isopropyl alcohol
  - Disinfecting spray (58% ethanol, 0.1% QUAT)
  - 28.7% isopropyl alcohol, 27.3% ethyl alcohol, 0.61% QAC
  - 0.07% o-phenylphenol, 0.06% p-tertiary amylphenol
  - 70% isopropyl alcohol
  - ~5,250 ppm chlorine
  - Ethanol hand rub (70% ethanol)
  - Accelerated hydrogen peroxide, 1.4%
  - Accelerated hydrogen peroxide, 2%
Efficacy of Disinfectants and Antiseptics against *Candida auris*
Rutala, Kanamori, Gergen, Sickbert-Bennett, Weber, 2017 ID Week Poster

\[ \leq 3 \log_{10} \text{ (most } < 2 \log_{10} \text{) reduction (C. auris, 1m, 5\% FCS, QCT)} \]

- 0.55\% OPA
- 3\% hydrogen peroxide
- Quat, (0.085\% QACs)
- 10\% povidone-iodine
- \(~1,050\text{ ppm chlorine}
- 2\% Chlorhexidine gluconate-CHG
- 4\% CHG
- 0.5\% triclosan
- 1\% CHG, 61\% ethyl alcohol
- 1\% chloroxylenol
Effect of UV-C on Reduction C. auris and Other Pathogens
Cadnum et al. ICHE 2017

- Multidrug-resistant *Candida auris* and two other *Candida* species were significantly less susceptible to killing by UV-C than MRSA
- UV-C could be useful as an adjunct to standard cleaning/disinfection
- These results suggest longer cycle times may be beneficial (per *C. difficile*)

Inoculum spread to cover 20mm diameter steel disk, disk placed 5 feet from UV device
Germicidal Activity of UV-C Against *C. auris* and *C. albicans*

UNC Hospitals, 2017

Very good inactivation of *Candida auris* by UV. Used Tru-D bacteria cycle (17-19 minute cycle, 12,000µWs/cm²).
Current Issues and New Technologies

- Sterilization of critical items
  - Biological indicators, clarified Spaulding
- High-level disinfection for semi-critical items
  - Outbreaks with semicritical devices, endoscope reprocessing issues (duodenoscopes-lever position), channeled endoscopes, HPV risks/studies
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Disinfection and Sterilization: What’s New

- New D/S technologies (“no touch”, BIs, persistent disinfectant) and practices (e.g., monitoring cleaning) could reduce risk of infection associated with devices and surfaces.

- Endoscope represent a nosocomial hazard. Urgent need to understand the gaps in endoscope reprocessing. Reprocessing guidelines must be followed to prevent exposure to pathogens that may lead to infection. Endoscopes have narrow margin of safety and manufacturers should be encouraged to develop practical sterilization technology.

- The contaminated surface environment in hospital rooms is important in the transmission of healthcare-associated pathogens (MRSA, VRE, *C. difficile*, *Acinetobacter*). Thoroughness of cleaning should be monitored (e.g., fluorescence).

- In general, emerging pathogens are susceptible to currently available disinfectants and technologies (UV). However, some pathogens need additional information (e.g., HPV).
THANK YOU!
www.disinfectionandsterilization.org
Surface Disinfection: Treatment Time (Wipes/Sprays) versus Contact Time (Liquids)

Dilutable liquid disinfectant-contact time is “wet” time
Wipes/Sprays-treatment time is undisturbed time (“wet” time is not relevant)
Surface Disinfection: Treatment Time (Wipes/Sprays) versus Contact Time (Liquids)
Rutala, Weber. ICHE 2018;39:329-331

- Registration test for liquid disinfectants is the AOAC Use-Dilution Method (UDM).
- SS cylinders are inoculated with the test organism (S. aureus, S. choleraesuis, P. aeruginosa) and then dried. After drying, the cylinder is transferred to a disinfectant tube and immersed in the disinfectant for the contact time (e.g., 5 minutes).
- Thus, for liquid disinfectants tested by the UDM, the contact time should be the “wet” time (not undisturbed time).
Surface Disinfection:
Treatment Time (Wipes/Sprays) versus Contact Time (Liquids)

- Registration test for wipe is EPA Disinfectant Towelette Test
- Treatment time is equal to combination of physical removal and inactivation caused by the disinfectant regardless of the surface appearance (i.e. wet or dry)
- Thus, if disinfectant wipe has a registration time of 1 minute, then the surface should be allowed to remain undisturbed for the registration time of 1 minute (i.e. wet time is not relevant)